

ST MARY'S PRIMARY SCHOOL

SEPT/OCT 2020 MENU

	Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 1 28/9/20	MINCE /BACON SLICE CARROT/MASH POTATO PEAS/GRAVY CHOCOLATE CAKE/FRUIT	BAKED GAMMON ROAST CHICKEN STUFFING MIX VEG MASH POTATO GRAVY ICE CREAM/FRUIT	CHEESE PIZZA/CHICKEN WRAPS DICED POTATO/GRAVY /SWEETCORN GRATED CHEESE ARTIC ROLL/FRUIT	CHICKEN CURRY/BACON PASTA BAKE //MASH POTATO/MIXED VEGETABLES /GRAVY SHORTBREAD/JELLY POTS	FISH FINGERS STEAK BURGERS MASH POTATO SWEETCORN/SALAD CHOCOLATE COOKIE
Week 2 5/10/20	PIZZA/IRISH STEW CARROTS/PEAS GRAVY DICED POTATO/ CHOCOLATE MUFFIN FRUIT	SPAGHETTI BOLOGNAISE/ GAMMON GARLIC BREAD MASH POTATO GRATED CHEESE MIXED VEG. CHOCOLATE COOKIE	ROAST CHICKEN & STUFFING CARROTS/BROCCOLI MASH POTATO/GRAVY JELLY/SHORTBREAD MILK SHAKE	HOT DOGS /CHIPS SALAD ROLLS Savory rice ICE CREAM WAFERS FRUIT POTS	FISH FINGERS OR CHICKEN CRUMBLE MASH POTATO/CHIPS BEANS/PEAS/GRAVY ARTIC ROLL/FRUIT
Week 3 12/10/20	Fish fingers/cheese pizza sweetcorn/mash potato / diced potato chocolate muffin /fruit	MINCE/BACON ROLLS STUFFING/CARROT MASH POTATO/GRAVY CHOCOLATE COOKIE	CHICKEN CURRY OR BEEFBURGERS DICED OR MASH POTATO SWEETCORN ICE CREAM AND JELLY	CHICKEN GOJONS SALAD ROLLS, CHIPS, SALAD BOWL SALMON BITES SHORT BREAD/FRUIT	CHICKEN WRAPS OR PASTA BOLOGNAISE PEAS/BEANS MASH POTATO ARTIC ROLL
Week 4 19/10/20	CHICKEN CURRY/CHICKEN PASTA BAKE DICED POTATO MIXED VEG CHOCOLATE COOKIE	ROAST CHICKEN MIXED VEG/BROCCOLI MASH POTATO, GRAVY SHORTBREAD/FRUIT	BOLOGNAISE/CHEESE PIZZA MASH POTATO/SWEETCORN ICE CREAM WAFERS/FRUIT	HOTDOGS OR CHICKEN ROLLS, SALAD BOWL CHIPS ARTIC ROLL/JELLY	SCHOOL CLOCCED

MENU SUBJECT TO
DUE TO DELIVERIES

School food

try something new today

www.schoolfoodni.com

Bread, Fresh Fruit, Yoghurt, Milk
and Water are available daily

If you require any additional
information on allergens or Special
diets please contact the school in the
first instance

